

Very ordinary everyday household chores

*** Washing Procedure**

Wash in the washing machine →

Since water is leaking from the bottom, I've taped a clear garbage bag to the floor to seal it, and I've also placed a wide drip tray that I bought at Daiso under the washing machine.

When the washing is finished, I lift the 7kg washing machine with one hand, transfer the water from the drip tray into a bucket and discard it, and then lift the washing machine with the other hand again and put the drip tray back in place.

*** After showering**

If using with a bidet toilet

Spray into all drains using the high-pressure spray shower nozzle.

*** Wash dishes immediately after finishing a meal**

Remove the plastic drain cover and rinse everything thoroughly

*** Always use disinfectant wipes when using a bicycle**

Disinfect the front and rear tires and the contact surfaces of the feet used when parking the bicycle before bringing it into the room

Cover the rear wheel chain area with a garbage bag to prevent oil from getting on it when touched

*** Bed making**

Professional finish

Probably possible for someone with Self-Defense Forces experience

The washing machine mentioned above is not eligible for **temporary assistance** under the **"furniture and fixture expenses"** category in Sapporo City, regardless of whether it is new or used, for those receiving welfare benefits. It is a common household item.

That's all.

By the way,
the violin "Amazing Grace" is almost finished... **It's almost time.**